

## Seat Belt Scenarios

Your dad never wears his belt because he says, “it’s uncomfortable and wrinkles his shirt”. When you get in the car with him, you ask him to buckle, and he says no that he has an important meeting at work today and doesn’t want his shirt to be wrinkled.

***What Would You Do?***

Follow up:

It’s important to realize that seat belts are designed to keep drivers and passengers safe and secure in your vehicle during a crash. Get in the habit of always putting on your seat belt no matter where you are sitting or the distance you are going. It takes about 3 seconds.

Your favorite Uncle refuses to wear a seat belt because a good friend of his died in a car crash (the seat belt didn’t save him). You are driving and he gets in the car with you but doesn’t put on his seat belt.

***What Would You Do?***

Follow up:

A properly worn seat belt means that both straps are snugly fitted to transfer the impact of the collision to the parts of your body that can take it – your hip bones and shoulder bones. With just the shoulder strap on, you can slide out from under the seat belt and be strangled, while the lap belt alone doesn’t keep your face from hitting the steering wheel/airbag. A safety belt is your best and last protection if you are in a crash.