

# Parent-Teen Driving Agreement



Please use this agreement to aid a family discussion about teen responsibilities and parent’s active role in helping keep teen drivers safe.

## Distracted Driving

**The risk: Drivers who use hand-held devices are four times as likely to get into crashes serious enough to injure themselves (Insurance Institute for Highway Safety).**

Teen initials	I will not violate state and local laws regarding cell phone use behind the wheel.  I will not participate in any activity behind the wheel that takes my attention away from the driving task, my hands off the wheel, or my eyes off the road.  I will assess my emotional state before driving to make sure I am able to focus on driving safely. Consequence:
Parent initials	I will either pick you up or arrange for safe transportation whenever you feel you cannot drive distraction free.

**The risk: Research has shown that crash risk and risk of being killed in a crash increases as the number of young passengers in the vehicle increases. One study found a 44% increase in crash risk adding one passenger; two passengers doubled the risk of being killed and 3 passengers quadrupled the risk of dying in a crash (Tefft, B.C., Williams, A.F., & Grabowski, J.G. (2012) Teen driver risk in relation to age and number of passengers, AAA Foundation for Traffic Safety).**

Teen initials	I will not violate my state’s law for passengers in my car.  I will not drive with more than ____ teen passengers in my car.  I will not get in the car driven by a teen with more than ____ other teen passengers.  I agree to set rules for passengers so they will buckle up and not distract me. If a passenger does not obey my rules, I will pull over and not drive until they agree to the set rules. Consequence:
Parent initials	I will either pick you up or arrange for safe transportation whenever there are too many passengers for your car or another car driven by a teen.

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## Nighttime and Drowsy Driving

**The risk: Fifty-eight percent of teen crash deaths occur between 6pm and 6am (Insurance Institute for Highway Safety).**

Teen initials	<p>I will not violate our state law that restricts nighttime driving, unless accompanied by a driver aged 21 or older.</p> <p>My nighttime restrictions are between _____ and _____.</p> <p>I will assess my current state to ensure I am not too tired to drive.</p> <p>If I become too tired while driving, I will safely pull over and call a parent.</p> <p>Consequence:</p>
Parent initials	<p>I will either pick you up or arrange for safe transportation whenever you may violate your nighttime restrictions or are too tired to drive.</p>

## Speeding and Reckless Driving

**The risk: About 33 percent of young driver and passenger deaths occur in speed-related crashes (National Highway Traffic Safety Administration).**

Teen initials	<p>I will obey all posted speed limit signs.</p> <p>I will drive to conditions (slow down during inclement weather and at night).</p> <p>I will not tailgate or drive recklessly.</p> <p>Consequence:</p>
Parent initials	<p>I will either pick you up or arrange for safe transportation whenever you feel you cannot drive in current conditions or do not feel safe riding with someone who is driving recklessly.</p>

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## Seat Belts

**The risk: Roughly 2 out of every 5 teenagers involved in a fatal crash were not wearing a seat belt including drivers and passengers (Insurance Institute for Highway Safety).**

Teen initials	<p>I will not violate my state’s law for seat belt use.</p> <p>I will buckle up every time I get into a car, no matter where I am sitting or how far I am going.</p> <p>I will make sure all other passengers are also buckled in, if riding with someone else.</p> <p>I agree to set rules for all my passengers to buckle up. If a passenger does not obey my rules, I will pull over and not drive until they agree to the set rules.</p> <p>Consequence:</p>
Parent initials	<p>I will either pick you up or arrange for safe transportation whenever you feel you need help.</p>

## Impaired Driving

**The risk: Young drivers are less likely than adults to drive after drinking alcohol, but their crash risk is substantially higher when they do. This is especially true at low and moderate blood alcohol concentrations (BACs) (Voas, R.B.; Torres, P.; Romano, E.; and Lacey, J.H. 2012. Alcohol-related risk of driver fatalities: an update using 2007 data. Journal of Studies on Alcohol and Drugs 73(3):341-350).**

Teen initials	<p>In compliance with Zero Tolerance laws, I will not drive after consuming any amount of alcohol in my system.</p> <p>I will not drive after taking drugs of any kind.</p> <p>I will not get into a car with a driver that has been drinking or using drugs.</p> <p>If I get into a situation where I am impaired at any level, I will call a parent or trusted adult.</p> <p>I understand prescription and over-the-counter drugs may also affect driving and will follow recommendations on medicine warnings.</p> <p>If someone I know is impaired at any level, I will do what I can to make sure they do not drive.</p> <p>Consequence:</p>
Parent initials	<p>I will either pick you up or arrange for safe transportation if you are impaired at any level or are dependent upon a driver that is impaired.</p>

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I, \_\_\_\_\_, promise to follow the agreement above. I understand that driving is a privilege and breaking any of this agreement will result in consequences. I understand this agreement can be updated depending upon my driving.

Teen Signature: \_\_\_\_\_ Date: \_\_\_\_\_

As your parent, I promise to do everything I can to keep you safe while you are gaining driving experience. I understand I am a role model and will also abide by the highest standard of driving as an example to you. I agree I will help and support you getting at least \_\_\_\_\_ hours of driving training in all types of conditions. I also agree to check in and see how you are driving, once you have obtained a license. I understand this agreement can be updated based on your driving.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_