

Parent-Teen Safety Agreement



Please use this agreement to aid a family discussion about teen responsibilities and parent’s active role in helping keep teens safe.

Distracted Driving

The risk: Drivers who use hand-held devices are four times as likely to get into crashes serious enough to injure themselves (*Insurance Institute for Highway Safety*).

Teen initials	<p>I will not make calls or send texts to people when I know they are driving.</p> <p>I will speak up when I am in the car with a driver who becomes distracted.</p> <p>I will not distract the driver and will help other passengers to not distract the driver.</p> <p>I will not get in the car driven by a teen with more than _____ other teen passengers.</p> <p>Consequence (optional):</p>
Parent initials	<p>I will be the driver I want you to be by not driving distracted or in an emotional state.</p> <p>I will either pick you up or arrange for safe transportation whenever you feel you cannot ride with someone who exhibits distracted behavior behind the wheel.</p>

Nighttime and Drowsy Driving

The risk: Fifty-eight percent of teen crash deaths occur between 6pm and 6am (*Insurance Institute for Highway Safety*).

Teen initials	<p>My nighttime restrictions are between _____ and _____ unless I am with parents or have my parent’s permission.</p> <p>I will assess my driver’s current state to ensure they are not too tired to drive.</p> <p>I will help my driver stay awake by talking to them and checking they are not becoming too tired to drive.</p> <p>Consequence (optional):</p>
Parent initials	<p>I will be the driver I want you to be by ensuring I am not too tired to drive.</p> <p>I will either pick you up or arrange for safe transportation whenever you may violate your nighttime restrictions.</p>

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Speeding and Reckless Driving

The risk: About 33 percent of young driver and passenger deaths occur in speed-related crashes (National Highway Traffic Safety Administration).

Teen initials	I will speak up whenever I do not feel safe riding with someone who is driving recklessly. I will help the driver watch for dangers on the road and speed limit changes. Consequence (optional):
Parent initials	I will be the driver I want you to be by ensuring I drive safely. I will either pick you up or arrange for safe transportation whenever you do not feel safe riding with someone who is driving recklessly.

Seat Belts

The risk: Roughly 2 out of every 5 teenagers involved in a fatal crash were not wearing a seat belt including drivers and passengers (Insurance Institute for Highway Safety).

Teen initials	I will not violate my state's law for seat belt use. I will sit where it is safest for my height and weight. I will buckle up every time I get into a car, no matter where I am sitting or how far I am going. I will make sure all other passengers are also buckled in, if riding with someone else. Consequence (optional):
Parent initials	I will be the driver I want you to be by always buckling up and making sure my passengers are buckled up also. I will either pick you up or arrange for safe transportation whenever you feel you need help.

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Impaired Driving

The risk: Young drivers are less likely than adults to drive after drinking alcohol, but their crash risk is substantially higher when they do. This is especially true at low and moderate blood alcohol concentrations (BACs) (Voas, R.B.; Torres, P.; Romano, E.; and Lacey, J.H. 2012. Alcohol-related risk of driver fatalities: an update using 2007 data. Journal of Studies on Alcohol and Drugs 73(3):341-350).

Teen initials	I will not get into a car with a driver that has been drinking or using drugs. If I get into a situation where I am impaired at any level, I will call a parent or trusted adult. If someone I know is impaired at any level, I will do what I can to make sure they do not drive. Consequence (optional):
Parent initials	I will be the driver I want you to be by never driving impaired. I will either pick you up or arrange for safe transportation if your driver is impaired at any level.

I, _____, promise to follow the agreement above. I understand that driving is a privilege and breaking any of this agreement will result in consequences. I understand this agreement can be updated depending upon my driving.

Teen Signature: _____ Date: _____

As your parent, I promise to do everything I can to keep you safe while you are gaining driving experience. I understand I am a role model and will also abide by the highest standard of driving as an example to you. I agree I will help and support you getting at least _____ hours of driving training in all types of conditions. I also agree to check in and see how you are driving, once you have obtained a license. I understand this agreement can be updated based on your driving.

Parent Signature: _____ Date: _____