

Teens and Seat Belts

A presentation by the
YOUTH
TRANSPORTATION
SAFETY PROGRAM



THE PROBLEM

Teen drivers have the **highest** incidence of **unbuckled fatalities**.

Compared with other age groups, teens have the **lowest** rates of seat belt use.

In 2015, **293** teen drivers and passengers **died**. Of those fatalities, **115** were not wearing their seat belt.

TEEN SEAT BELT USE

- ▶ Two of four teens involved in fatal crashes were not wearing a seat belt (Source: IIHS)
- ▶ Teens wear their safety belts less than other drivers (Source: NHTSA)
- ▶ Teen passengers wear their seatbelts less often than drivers (Source: NHTSA)



**NOT WEARING
A SEAT BELT**

Why should I wear my Seat Belt?

Because seat belts save lives!

- ▶ In 2017 alone, seat belts saved an estimated 14,955 lives and could have saved an additional 2,549 people if they had been wearing seat belts.

Source: NHTSA 2019



Why should I wear my Seat Belt?

Be a good example for others; it could save lives!

- ▶ When teens aren't wearing their seat belts, 90 percent of their young passengers (ages 13-19) who die in crashes also aren't restrained.



**NOT WEARING
A SEAT BELT**

Other reasons to wear my Seat Belt

- ▶ A seat belt is your best and last protection if you are in a crash.
- ▶ During a crash, being buckled up helps keep you safe and secure inside your vehicle.
- ▶ Air bags are designed to work with seat belts, not replace them.



**NOT WEARING
A SEAT BELT**

5 WAYS SEATBELTS PREVENT INJURIES

Keeps people in vehicle.

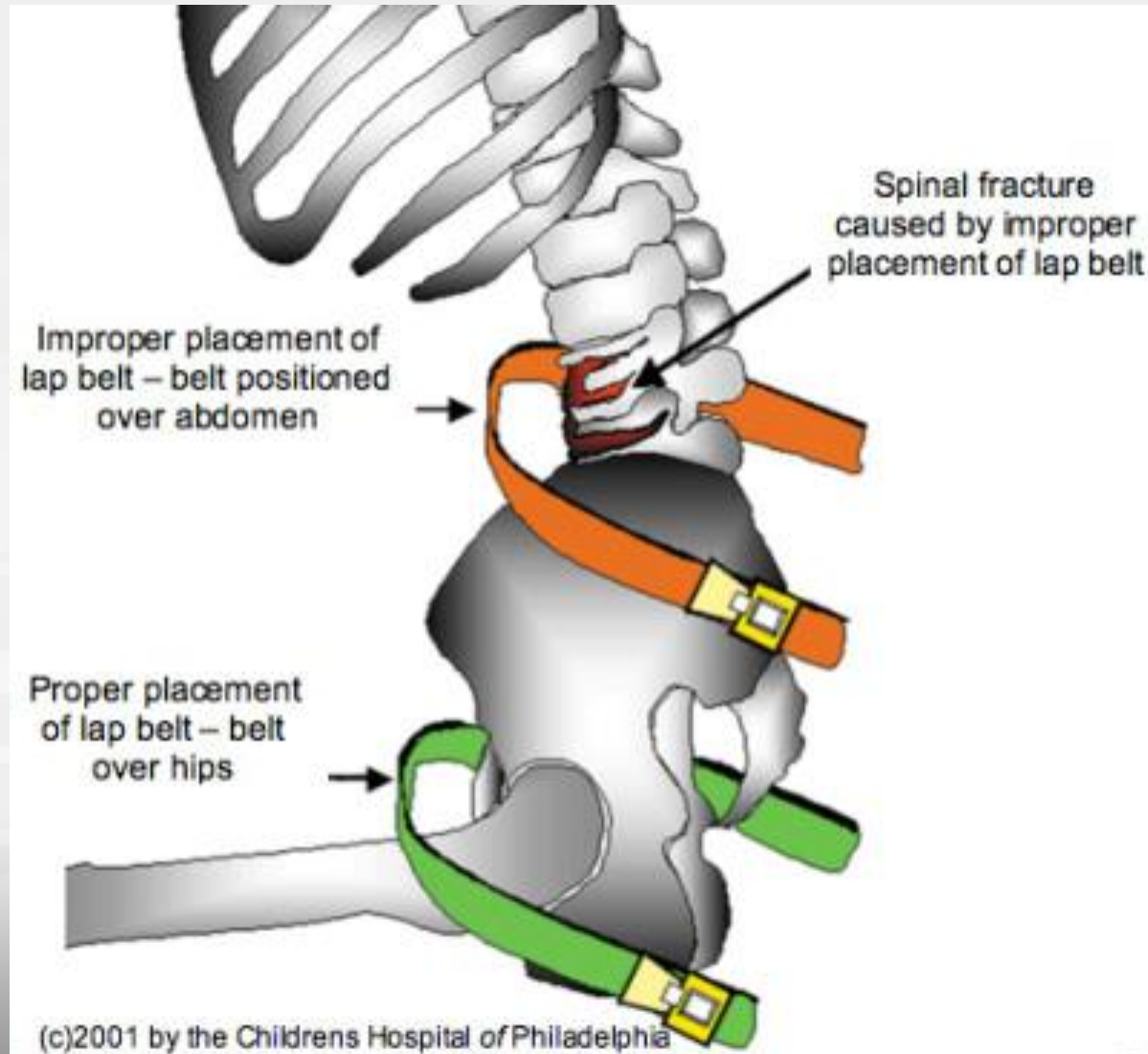
Contacts the strongest parts of the body.

Spreads forces over a wide area of the body.

Helps the body to slow crash forces.

Protect the head, neck and spinal cord.

SEAT BELT PLACEMENT



Ways to stay safe and wear seat belts

- ▶ A seat belt has to be worn correctly to be effective.
- ▶ Get in the habit of always putting your seat belt on every time you get into a vehicle.
- ▶ Ask your passengers to buckle up also.



Quiz Time!

Question 1

80% of deaths and serious injuries occur in cars that are traveling how fast?

- A. Over 85 MPH
- B. Between 50-65 MPH
- C. Under 40 MPH
- D. Between 65-85 MPH

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Question 2

A person's chances of being killed are _____ times higher if they are thrown out of the vehicle

- A. 2x
- B. 4x
- C. 6x
- D. 10x

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Question 3

The national seatbelt use rate in 2019 was:

- A. 85.6%
- B. 79.3%
- C. 97.1%
- D. 90.7%

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Question 4

TRUE OR FALSE: The best protection against impaired or drunk drivers is wearing your seat belt.

True

False

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True

False