

## Cough Medicine



TEENS  
IN THE  
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Codeine is found in this and high doses can cause high levels of sedation and drowsiness. It's unsafe to drive with this drug in your system.

Source: NIDA

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## Water



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It's clear and refreshing.  
Sends nutrients  
throughout your body.

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## Spice



This synthetic drug is developed using several chemicals. Its effects are unpredictable and may cause extreme levels of anxiety, confusion, and violence. It's unsafe to drive after taking this drug.

Source: NIDA

## Adderall



This prescription drug used as a study drug is the most abused stimulant by high school students. It causes irregular sleeping patterns, which can lead to an increased risk of falling asleep behind the wheel.

Source: NIDA

## Marijuana



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Second to alcohol, this is the most commonly abused drug behind the wheel. It impairs a person's coordination and ability to judge distance.

Source: NHTSA

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## Crackers



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It's round and sometimes salty. A great snack for hanging with your friends or at home.

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## Gum



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Chewy and comes in many flavors, like mint and tutti fruity.

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## MDMA



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Also known as Molly, this drug can cause confusion and anxiety and decrease motor skills. It's unsafe to drive with this drug in your system.

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## Oxycodone



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A prescription opioid to relieve pain with side effects like drowsiness and addiction. It's unsafe to drive with this drug in your system.

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Source: NIDA

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## Nicotine



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Highly addictive and can harm parts of the brain that control attention and impulse control.

Source: CDC

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