## EXTRA MILE SENIOR PROJECT

As a leader on your campus, you probably already know that new drivers are at the highest risk of vehicle crashes. So, to help young adults learn more about the risks they face behind the wheel, we are challenging YOU – our TDS seniors – to lead peer-to-peer outreach and become an advocate of traffic safety within your school and community.







## Are you ready to take the challenge and go the extra mile?

Upon successful completion of this project, you will be awarded a **TDS graduation cord\*** to show off your leadership skills!

\*It is your responsibility to check with your school administration to ensure cord may be worn during graduation.

All seniors who complete the activity will earn 10 BONUS All-Star points for your team. You will also earn All-Star points for the activities you lead when you submit an activity form.

## Can you say, "Win, WIN?!"

To complete this activity, follow these simple steps:

- 1. SIGN UP before November 30, 2021
- PLAN & LEAD 3 activities from SUGGESTED ACTIVITIES LISTS
   (lead at least 2 small activities & actively plan and participate in 1 large activity)
   If you have an idea for another activity, email <u>c-thomas@tti.tamu.edu</u> for approval.
- 3. DON'T FORGET to complete an <u>activity form</u> for each of your activities (your school will get All-Star points!)
- 4. Only one student can receive credit for a small activity; if multiple Extra Mile students collaborate on a large project, submit only one activity form, and let us know who participated in planning.
- 5. UPON COMPLETION, submit the <u>Completion Form</u> and return required documents by NO LATER THAN **April 1, 2022**.

SUGGESTED SMALL ACTIVITIES  Plan & conduct at least 2 of these activities / You must LEAD these projects, not just participate	<b>√</b>
VIRTUAL – Share safe driving messaging on your social media page and tag @teensdriverseat. Your social page does not need to be public.	
<b>VIRTUAL</b> – Write a blog for us to publish on t-driver.com about your driving experience. Minimum 3 paragraphs.	
<b>VIRTUAL</b> – Film a vlog to publish on your social media or your school's social media sites. Teen driver safety must be the focus. Minimum 2 minutes long.	
SAFE DISTANCE – Make and display large safety posters for your school.	
SAFE DISTANCE – Place yard signs in front of schools for all community members to see.	
SAFE DISTANCE – Hang up safe driving banners at a sporting event.	
<b>SAFE DISTANCE</b> – Research and make morning announcements about one of the top driving risks, such as drowsy driving, and give suggestions on how to prevent it.	
Learn about drug use behind the wheel and teach your peers what you've learned by conducting a new activity within your school.	
Create Spring Break reminders about driving safely and give them out to students.	
Acknowledge and recognize students you see reducing risks while behind the wheel, such as wearing a seat belt, driving safely, and not driving with other teens in the vehicle. You can do this as students are leaving the parking lot.	
Focus on safe nighttime driving by handing out glow sticks with information to remind your peers about driving safe at night.	
Conduct our Sleep Shocker activity by polling your peers on how much sleep they get and then share facts about drowsy driving and how to prevent it.	
Create safe driving messages focused on holidays such as Christmas, New Year's Eve, and Spring Break and share with your peers before they leave for break.	
Organize a group to write short notes or tips to younger classmates about what safety lessons you all have learned as a new driver and hang them in the halls.	
Design safety messaging to hand out and display at school sporting events. Consider holding a pledge drive, asking attendees to pledge to be a safe driver, to drive distraction free, or to always buckle up.	
Be a social media influencer! Post safety messaging to your followers about all teen driving, passenger, and pedestrian risks. Messaging should pertain to one of the following: distractions, nighttime / drowsy driving, seat belt use, impaired driving, driving around large trucks and buses, railroad safety, or safe pedestrians. Must tag @teensdriverseat.	

## SUGGESTED LARGE ACTIVITIES Plan & conduct at least 1 of these activities with your TDS team. You must actively participate in this activity by leading, coordinating, & engaging your peers. VIRTUAL - Plan and play the Teen Driver Safety Escape Room at your school. VIRTUAL – Host a Kahoot! Challenge at your school. Contact your regional rep for a pre-made trivia game to use on impaired driving, pedestrian safety, and more! **VIRTUAL** – Speak on a local television station about teen driver safety and your efforts with TDS. VIRTUAL – Share teen driver safety messaging, graphics, or story in your school newsletter/website. If you can't find useful graphics on our website, contact your regional rep. VIRTUAL – Write an article about your work with TDS and get it published in your local paper. Host a speaker on your campus to address students on a safe driving topic. Conduct a random seat belt count and share your findings with your peers through school announcements, the school paper, website, or posters throughout the school. \*Zero Crazy may count if YOU lead the initiative.\* Organize and conduct a pedal cart obstacle course that focuses on impaired or distracted driving. Learn about drug use behind the wheel and teach your peers what you've learned by conducting a new activity within your school. Create a skit about safe driving to perform at a pep rally. Create and implement a contest for best ways to keep friends from texting and driving. Place safety messaging on the back of Prom tickets to remind attendees to not drink and drive. Invite a local car dealership or mechanic to hold a workshop about proper car maintenance on your campus. Make a presentation to parents about what you and your peers need to stay safe behind the wheel. Ask your regional rep about our "Ride With Me" materials. Make a presentation to your city council or school board about what you and your team are doing to decrease teen crashes. Organize a safety fair for your school and conduct it over lunch, sharing information on all the top risk factors

Invite your local television station to an event you are holding and talk about your work with TDS.

Invite and coordinate a speaker to address seniors on a safe driving topic.

for teen drivers.