

EXTRA MILE



Objective: New drivers are at the highest risk of vehicle crashes. To help young adults learn more about the risks they face behind the wheel, we are challenging high school seniors to lead the peer-to-peer outreach effort and become an advocate of traffic safety within their school and community. The idea is simple: seniors take a pledge to drive safely and then spread the safe driving message to peers by leading outreach within their school. If completed, they will be awarded a graduation cord*.



How-to: Seniors will take the pledge online, then lead and participate in a total of 3 REQUIRED activities (leading at least 2 small activities and actively planning and participating in 1 large activity) listed below. Upon completion of each activity, the student (or teacher) should complete an [Activity Form](#) for All-Star points, then after completion of all required activities, the student must submit the Completion Form and return everything to TDS before April 1, 2020 to receive a cord*.

**Please check with your school administration to ensure cord may be worn during graduation.*

All Steps for Completion Credit:

1. Qualifying seniors must [sign up](https://www.t-driver.com/extra-mile/) before November 30, 2020
2. Participants must lead and participate in a total of THREE (3) REQUIRED activities (leading at least 2 small activities and actively planning and leading/participating in 1 large activity) listed below
3. Complete an [activity form](https://www.t-driver.com/get-involved/event-activity-form/) for each of your activities completed (your school will get All-Star points!)
4. Once you have met the above requirements, submit the Completion Form found here <https://www.t-driver.com/extra-mile/> and return required documents to TDS before April 2, 2021 to receive your cord.

ACTIVITIES

Required Activity:

Plan and conduct at least two (2) small activities. You must LEAD and coordinate these projects, not just participate.

Small Activities	Selected
Conduct prom PROMise to not drink and drive.	
Learn about drug use behind the wheel and teach your peers what you've learned by conducting a new activity within your school.	
Create Spring Break reminders about driving safely and give them out to students.	
Give out kudos for anyone you see reducing risks while behind the wheel, such as wearing a seat belt, driving safely, and not driving with other teens in the vehicle. You can do this as students are leaving the parking lot.	

EXTRA MILE



Make and display large safety posters for your school.	
Give out glow sticks with information to remind everyone about safe nighttime driving.	
Place safety signs in front of schools for all community members to see.	
Hang up safe driving banners at a sporting event.	
Research and make morning announcements about drowsy driving and how to prevent it.	
Take a poll of how much sleep students get and let them know facts about drowsy driving and how to prevent it.	
Create Holiday safe driving messages before students leave for break.	
Organize a group to write short notes or tips to younger classmates about what safety lessons you all have learned as a new driver and hang them in the halls.	
Design and place safety messaging to hand out at school sporting events.	
Be a social media influencer! Post safety messaging to your followers about all teen driving, passenger, and pedestrian risks. Messaging should pertain to one of the following: distractions, nighttime / drowsy driving, seat belt use, impaired driving, driving around large trucks and buses, railroad safety, or safe pedestrians. Must tag @teensdriverseat.	

Help plan and conduct (along with your TDS team) at least one (1) large activity. You must actively participate in this activity by leading, coordinating, and engaging peers.

Large Activities	Selected
Invite and coordinate a speaker to address seniors on a safe driving topic.	
Conduct a random seat belt count and let everyone know what you find through school announcements, school paper, website, or posters throughout the school.	
Organize and conduct pedal kart obstacle course.	
Learn about drug use behind the wheel and teach your peers what you've learned by conducting a new activity within your school.	
Create a skit about safe driving to perform at a pep rally.	
Create and implement a contest for best ways to keep friends from texting and driving.	
Place safety messaging on the back of Prom tickets to remind attendees to not drink and drive.	
Invite a local car dealership or mechanic to hold a workshop about proper car maintenance.	
Make a presentation to parents about what you and your peers need to stay safe behind the wheel.	
Make a presentation to your city council or school board about what you and your team are doing to decrease teen crashes.	
Organize a safety fair for your school and conduct it over lunch.	
Write an article about your work with TDS and get it published in your local paper.	
Invite your local television station to an event you are holding and talk about your work with TDS.	
Organize an assembly with speakers or activities to teach peers about teen driving risks and how to stay safe.	

If you have an idea for another activity, email s-tisdale@tti.tamu.edu for approval.